



Suction Curettage (Therapeutic Dilation & Curettage, D&C)

Suction curettage is a medical procedure aimed at removing the lining and contents of the uterus to address issues such as bleeding, pain management, and infection prevention following a miscarriage, abortion, or childbirth. Additionally, it may be utilized for the removal of a molar pregnancy, characterized by the presence of tumors in the uterus instead of, or alongside, a fetus.

Following the procedure, most individuals can resume their regular activities within 1 or 2 days, although some may experience mild cramping and light bleeding, which typically subside within 5 to 7 days. Menstruation is expected to resume within 4 to 6 weeks.

Home Care:

- Utilize prescribed pain medication if experiencing discomfort or cramping.
- Opt for pads over tampons if experiencing light bleeding, and change them as necessary.
- Refrain from douching, using tampons, or engaging in sexual activity until clearance is given by your healthcare provider.
- Choose showers over baths for 1 to 2 weeks.

Follow-up Care:

- Adhere to scheduled follow-up appointments with your healthcare provider.

When to Seek Medical Advice:

Promptly contact our office if experiencing

- Fever of 100.4°F (38°C) or higher, or as instructed by your healthcare provider.
- Excessive bleeding.
- Bleeding lasting longer than 1 week.
- Aggravation of pain or cramping.
- Foul-smelling vaginal discharge.
- Passage of any tissue-like material from the vagina. If possible, preserve the tissue and present it to your healthcare provider.
- Weakness, dizziness, or fainting.

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